



Wynyard 10k Trail

Sunday 21st August 2016



Start Time: 10:30am on the day entries from 9:30-10:15 in the 'Carriage'

Address: Wynyard Woodland Park, Station House, Thorpe Thewles, Stockton-on-Tees TS21 3JG

Entry Fees: £10 UK Athletics affiliated runners £12 non-affiliated (unattached)

Limited Entry: 300 **Minimum age:** 15 years on race day

Postal Entries to: Race Organiser's, 20 Mond Crescent, Billingham, Stockton. TS23 1DL

Or enter online: www.muddyroads.co.uk (online entries close Friday 19th)

Cheques made payable to: muddy roads. Postal Entries no later than Monday 15th Aug 2016

Please enter me for the Wynyard 10k Trail on 21st August 2016

SURNAME _____ FORENAME _____

DATE OF BIRTH _____

AGE ON RACE DAY _____ Sex: Male/Female (delete as applicable)

ADDRESS _____

Post Code _____

MOB NO _____ EMAIL _____

RUNNING CLUB/TEAM NAME _____ Affiliated Yes/No.

AFFILIATION NUMBER _____

I declare I will be 16 years of age or over on the day of this event. I agree that the organisers shall not be liable for any injury, accident, loss or damage to myself or to anyone accompanying me in consequence of my participation in this event. I also declare that I am medically fit at the date of this application and that I will not participate in the event unless I am medically fit to do so. I will also obey all Marshall's and organiser's instructions. In the opinion of the organiser, the nature of the course makes this race unsuitable for wheelchair athletes.



SIGNATURE.....(parent/guardian if under 18) DATE.....