



Tees Barrage 10k

Monday 1st May 2017

Permit no: 536

Start Time: 10:30am

Address: Tees Barrage, Navigation Way, Thornaby on Tees. TS17 6QA

Entry Fees: £10 UK Athletics affiliated runners £12 non-affiliated (unattached)

Limited Entry: 500 **Minimum age:** 16 years on race day

Postal Entries to: Race Organiser's, 20 Mond Crescent, Billingham, Stockton. TS23 1DL no later than 25th April (**there will be no entries on the day**)

Or enter online: www.muddyroads.co.uk – closes 24th April

Cheques made payable to: Muddy Roads. Postal Entries by or email your form to: events@muddyroads.co.uk. Race numbers to be collected on the day.

Please enter me for the Tees Barrage 10k on 1st May 2017

SURNAME _____ FORENAME _____

DATE OF BIRTH _____

AGE ON RACE DAY _____ Sex: Male/Female (delete as applicable)

ADDRESS _____

Post Code _____

MOB NO _____ EMAIL _____

RUNNING CLUB/TEAM NAME _____ Affiliated Yes/No.

AFFILIATION NUMBER _____

I declare I will be 16 years of age or over on the day of this event. I agree that the organisers shall not be liable for any injury, accident, loss or damage to myself or to anyone accompanying me in consequence of my participation in this event. I also declare that I am medically fit at the date of this application and that I will not participate in the event unless I am medically fit to do so. I will also obey all Marshall's and organiser's instructions. In the opinion of the organiser, the nature of the course makes this race unsuitable for wheelchair athletes.

SIGNATURE.....(parent/guardian if under 18) DATE.....